

at The Middlebury Inn

# BREAKFAST

# Healthy Start

#### **AVOCADO TOAST 16**

Grilled Rustic Sesame Bread Topped with Fresh Avocado Slice, Cucumber, Dijon Mustard, Fresh Dill, Pickled Red Onions with Two Eggs Any Style. Add Lox 4

### **CONTINENTAL 15**

Warm Buttered Muffin (Chef's Choice) or an Everything Bagel with Cream Cheese, Cereal with Milk and Fruit Cup.

Choice of Cereal: Frosted Mini Wheats, Corn Flakes, Froot Loops, Frosted Flakes, Apple Jacks, Rice Krispies, Raisin Bran, Special K.

# Signatures

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### **GRANOLA BREAKFAST BOWL 16**

House-made Maple Granola with Pecan and Almonds Topped with Vanilla Cabot Yogurt, Strawberries and Blueberries.

## BUTTERMILK FLAP JACKS OR WAFFLE 16

Two Pancakes (Plain, Berries, or Chocolate Chips), or Belgian Waffles (Plain or Topped with Berries) and Vermont Maple Syrup on the Side. Served with two sides: Bacon, Maple Sausage, Ham Steak, Breakfast Potatoes or a Fruit Cup.

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# Middlebury Inn Originals

### TRADITIONAL BREAKFAST 15

Two Eggs any Style; Choice of Meat: Cider Bacon, Maple Sausage or Ham Steak; Choice of Toast and Breakfast Potatoes.

#### CHAMPLAIN VALLEY FRENCH TOAST 16

House Made Challah Bread with Custardy Vanilla Batter, Vermont Maple Syrup and Topped with Berries. Served with Two Sides: Bacon, Maple Sausage, Ham Steak, Breakfast Potatoes or Fruit Cup.

#### **HOT OATMEAL 13**

Hot Oatmeal Made with Maple Cinnamon Apples. Served with Walnuts, Raisins, Side of Milk and a Cup of Fruit.

### GARDEN OMELET (V) (GF) 17

Three Eggs, Vermont Cheddar Cheese, Diced Tomato, Red Onion, Spinach and Red Bell Pepper. Served with Breakfast Potatoes and Choice of Toast.

### VERMONT CHEDDAR OMELET (GF) 17

Three Eggs, Vermont Cheddar Cheese and Ham, Topped with Fresh Herbs. Served with Breakfast Potatoes and Choice of Toast.

### **CROQUE MADAME 18**

Hot Sandwich with Ham, Swiss Cheese and Bechamel Sauce, topped Parmesan Cheese and egg over easy. Served with Fruit Cup.

# Accompaniments

ONE EGG SIDE 2 **BACON 7** HAM STEAK 6 **SAUSAGE 6** FRUIT 5

# Beverages

ORGANIC VT COFFEE COMPANY COFFEE 3 **HOT TEA/ICED TEA 3** MILK 3

JUICE 3

(ORANGE, APPLE, CRANBERRY, GRAPEFRUIT) SODA 3

(COKE, DIET COKE, GINGER ALE, DR. PEPPER, ROOTBEER, LEMONADE)

# Toast Choices

WHITE **WHEATBERRY RYE ENGLISH MUFFIN GLUTEN FREE** 

The Vermont Department of Health advises that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

(GF) GLUTEN FREE (V) VEGETARIAN (VE) VEGAN (DF) DAIRY FREE