

# BREAKFAST

## Morgan's Tavern

at the MIDDLEBURY INN

### Healthy Start

**BAHN MI AVOCADO TOAST 16**  
Grilled rustic sesame bread topped with avocado spread, pickled veggies, peppers & spicy mayo. Served with two eggs any style on the side.

**CONTINENTAL 13**  
Warm buttered muffin (chef's choice) or an everything bagel with cream cheese, cereal with milk, and fruit cup.  
**Choice of cereal:**  
Frosted Mini Wheats, Corn Flakes, Froot Loops, Frosted Flakes, Apple Jacks, Rice Krispies, Raisin Bran, Special K.

### Morgan's Signatures

**GRANOLA BREAKFAST BOWL 14**  
House made maple granola topped with vanilla Cabot yogurt, strawberries and blueberries.

**HOUSE MADE BUTTERMILK FLAP JACKS OR BELGIAN WAFFLE 16**  
Two pancakes (plain, berries, or chocolate chips), or Belgian waffle (plain or topped with berries) and Vermont maple syrup on the side. Served with two sides: bacon, maple sausage, ham steak, hashbrowns or a fruit cup.

### Middlebury Inn Originals

**MIDDLEBURY INN'S TRADITIONAL BREAKFAST 15**  
Two eggs any style; choice of meat: 3 cider bacon, 3 maple sausage or ham steak; choice of toast, and hashbrowns.

**CHAMPLAIN VALLEY FRENCH TOAST 16**  
House made challah bread with custardy vanilla batter, Vermont maple syrup and topped with berries. Served with two sides: bacon, maple sausage, ham steak, hashbrowns or fruit cup.

**HOT OATMEAL 12**  
Hot oameal made with maple cinnamon apples. Served with walnuts, raisins, side of milk and a cup of fruit.

**GARDEN OMELET (V) (GF) 15**  
Three eggs, Vermont cheddar cheese, diced tomato, red onion, spinach and red bell pepper. Served with hashbrowns & choice of toast .

**VERMONT CHEDDAR OMELET (GF) 15**  
Three eggs, Vermont cheddar cheese, and ham topped with fresh chopped herbs. Served with hashbrowns & choice of toast.

**BREAKFAST BURRITO 17**  
Crispy flour tortilla filled with shredded cheddar, scrambled eggs, bacon, ham, bell pepper, and guacamole on the side. Served with hashbrowns.

### Accompaniments

- ONE EGG SIDE \$2
- BACON \$7
- HAM STEAK \$5
- SAUSAGE \$5
- HASHBROWNS \$2
- FRUIT \$4

### Beverages

- ORGANIC VERMONT COFFEE COMPANY COFFEE \$3
- HOT TEA \$3
- MILK \$3
- CHOCOLATE MILK \$ 3
- JUICE \$3  
(ORANGE, APPLE, CRANBERRY & GRAPEFRUIT)
- ICED TEA/LEMONADE \$3
- SODA \$3  
(COKE, DIET COKE, GINGER-ALE, SPRITE, DR. PEPPER AND ROOT BEER)

**TOAST CHOICES:** White, Wheatberry, Rye, English Muffin or Gluten Free

**MORGAN'S TAVERN IS COMMITTED TO BUYING LOCAL AND PROUDLY PARTNERS WITH**

CABOT CREAMERY /MONUMENT FARMS DAIRY / BUTTERNUT MOUNTAIN/ VT COFFEE COMPANY  
VERMONT CREAMERY / CHAMPLAIN VALLEY APIARIES / MAPLEBROOK FARMS / MAPLE MEADOW FARM

*The Vermont Department of Health advises that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions*

(V) Vegetarian (GF) Gluten Free