## Healthy Start

#### **AVOCADO TOAST 13**

House made challah bread with avocado spread, two over easy eggs and heritage greens topped with mandarin oranges, toasted pepitas and pomegranate vinaigrette.

#### BUILD YOUR OWN CONTINENTAL (V) 12

Chose any three items:

House made granola, Cabot vanilla yogurt, fresh fruit, everything bagel with cream cheese, juice or coffee

# Morgan's Signatures

#### FRY UP BREAKFAST BOWL 14

Fried sweet potatoes topped with baked beans, Cabot cheddar, fried eggs to order, scallions, diced andouille sausage and "not" hot sauce. Choice of toast.

#### CHICKEN AND WAFFLES 14

Belgian waffle topped with fried chicken fritters, crispy bacon and maple bourbon sauce. Served with hashbrowns or fruit cup.

#### HOUSE MADE BUTTERMILK FLAP JACKS 15

Two pancakes topped with Vermont maple syrup. Choice of - plain, berries, or chocolate chips. Served with two sides: cider bacon, maple sausage, ham steak, hashbrowns or a fruit cup.

# Middlebury Inn Originals

# MIDDLEBURY INN'S TRADITIONAL BREAKFAST 13

Two eggs any style served with hashbrowns, choice of meat and choice of toast.

#### CHAMPLAIN VALLEY FRENCH TOAST 15

House made challah bread with custardy vanilla batter and Vermont maple syrup. Served with two sides: cider bacon, maple sausage, ham steak, hashbrowns or fruit cup.

#### HOT CEREAL 12

Local King Arthur oats served with Vermont maple syrup, toasted pecans, a side of milk and a fruit cup.

#### GARDEN OMELET (V) (GF) 14

Three eggs, Vermont cheddar cheese, diced tomato, red onion, spinach and red bell pepper. Served with hashbrowns & choice of toast.

#### VERMONT CHEDDAR OMELET (GF) 14

Three eggs, Vermont cheddar cheese, and ham topped with fresh chopped herbs. Served with hashbrowns & choice of toast.

#### **BREAKFAST BURRITO 14**

Crispy flour tortilla filled with pepperjack cheese, scrambled egg, bacon, ham, bell pepper and guacamole. Served with hashbrowns.

### Accompaniments

ONE EGG SIDE \$2

BACON \$7

HAM STEAK \$5

SAUSAGE \$5

**HASHBROWNS** \$2

FRUIT \$4

**EVERYTHING BAGEL WITH CREAM CHEESE \$4** 

## Beverages

ORGANIC VERMONT COFFEE COMPANY COFFEE \$3

HOT TEA \$3

MILK \$3

CHOCOLATE MILK \$ 3

JUICE \$3

(ORANGE, APPLE, CRANBERRY & GRAPFRUIT)

ICED TEA/LEMONADE \$3

SODA \$3

(COKE, DIET COKE, GINGER-ALE, SPRITE AND ROOT BEER)

TOAST CHOICES: White, Wheatberry, Rye, English Muffin or Gluten Free

#### MORGAN'S TAVERN IS COMMITTED TO BUYING LOCAL AND PROUDLY PARTNERS WITH

CABOT CREAMERY / MONUMENT FARMS DAIRY / BUTTERNUT MOUNTAIN
VERMONT CREAMERY / CHAMPLAIN VALLEY APIARIES / MAPLEBROOK FARMS / MAPLE MEADOW FARM