

# BREAKFAST

*Morgan's Tavern*

at the MIDDLEBURY INN

## *Healthy Start*

### **AVOCADO TOAST 13**

Toasted Rye Bread Topped with Avocado Spread, Sliced Tomatoes, and a Sunny Egg. Served with Arugula, Pickled Red Onion, and Sun Dried Tomatoes. Add Smoked Salmon \$6

### **HOUSE MADE GRANOLA 12**

Our famous Inn-made granola served with Cabot vanilla yogurt, side of fresh fruit & choice of Monument Farms whole or skim milk (V)

## *Morgan's Signatures*

### **GREEN MOUNTAIN BREAKFAST BOWL 14**

Sauteed Sweet Potatoes, Black Forrest Ham, Maple Sausage, Scrambled Eggs, Chabot Cheddar & Sweet Onion Relish. Choice of Toast (GF)

### **CABOT BREAKFAST SANDWICH 13**

Grilled English Muffin, Cabot White Cheddar, Cider Bacon, Caramelized Onions & Apple, French Style Omelet or Fried Egg. Served with side of Fresh Fruit or Home Fries

### **HOUSE MADE BUTTERMILK FLAP JACKS 13**

Two Pancakes, Topped with Whipped Cream Vermont Maple Syrup. Served with a Fruit Cup and choice of Bacon, Sausage, Ham or Impossible Sausage. Add Berries or Chocolate Chips

## *Middlebury Inn Originals*

### **MIDDLEBURY INN'S TRADITIONAL BREAKFAST 13**

Two eggs any style. Served with Home Fried Potatoes, Choice of Bacon, Sausage, Ham or Impossible Sausage & choice of Toast

### **CHAMPLAIN VALLEY FRENCH TOAST 13**

House Made Challah Bread with Custardy Vanilla Batter & Vermont Maple Syrup, Fruit Cup and choice of Bacon, Sausage, Ham or Impossible Sausage

### **HOT CEREAL 12**

Local King Arthur Oats, Chia Seeds & Quinoa. Served with Maple Syrup, Milk, Orange Cranberry Sauce & Fruit Cup (V)(GF)

### **GARDEN OMELET 14**

Three Eggs, Vermont Cheddar Cheese, Diced tomato, Red Onion, Bell Pepper, and Fresh Herbs. Served with Home Fried Potatoes & choice of Toast

### **VERMONT CHEDDAR OMELET 14**

Three Eggs, Vermont Cheddar Cheese, Country Ham. Served with Home Fried Potatoes & choice of Toast

### **MAPLE MILK DALGONA 5**

Monument Farms Milk Spiked with Local Maple Syrup & Topped with Coffee Foam. Can be Made Vegan/Dairy Free with Almond Milk (V)(GF)

## *Accompaniments*

ONE EGG SIDE \$2

TWO EGG SIDE \$4

BACON, HAM, SAUSAGE OR  
IMPOSSIBLE SAUSAGE \$6

HOME FRIES \$3

FRUIT \$5

TOAST \$2

1 PANCAKE \$3

VANILLA OR PLAIN YOGURT \$4

## *Beverages*

ORGANIC VERMONT COFFEE COMPANY COFFEE  
\$3

HOT TEA \$3

MILK \$2.50

CHOCOLATE MILK \$3

JUICE \$3  
(ORANGE, APPLE, CRAN, GRAPFRUIT & TOMATO)

ICED TEA/LEMONADE \$3

SODA \$3  
(COKE, DIET COKE, GINGER-ALE, SPRITE AND RT  
BEER)

**TOAST CHOICES:** Challah, Sourdough, Wheat, Rye, English Muffin or Gluten Free

**MORGAN'S TAVERN IS COMMITTED TO BUYING LOCAL AND PROUDLY PARTNERS WITH**

CABOT CREAMERY / MONUMENT FARMS DAIRY / BUTTERNUT MOUNTAIN

VERMONT CREAMERY / CHAMPLAIN VALLEY APIARIES / MAPLEBROOK FARMS / MAPLE MEADOW FARM

*The Vermont Department of Health advises that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions*

(v) Vegetarian (GF) Gluten Free