Escape-Relax-Restore

Waterfalls Day Spa invites you to escape from your hectic life, restore the natural rhythms of your body and mind, and relax in our soothing environment. Our goal is to provide you with the highest quality spa treatment using the finest products. At Waterfalls, your natural beauty is enhanced as you are rejuvenated by aromatherapy, soothed by the waterfall, and relaxed with massage.

Enjoy a spa moment or an entire spa day with our highly skilled team at Waterfalls Day Spa. We will give you time to escape, relax and restore.

We offer a full service spa menu including massage, facials, manicures, pedicures, body treatments, waxing, mineral makeup application, specialized men's services, and Express services. We encourage you to view our full menu at www.middleburyspa.com.

Waterfalls offers bridal services including formal hair design, hair extensions, eyelash extensions, and formal makeup application. You have the option to make the spa a VIP area for your special event.